

ROCKIT

COMMERCIAL



About Us

ROCKIT, founded in 2015 and based in Shanghai China, is a dynamic, customer-focused company offering a wide range of quality fitness products globally.

Our advanced facility, located 2.5 hours from Shanghai port, enables efficient global logistics and timely, cost-effective delivery of our products worldwide.

With strong supply chain visibility, we run an efficient, lean manufacturing process that ensures high product quality at low costs, providing our customers a competitive edge in quality, price, and innovation.

At ROCKIT, we prioritize innovation to stay ahead in the fitness industry. We continuously enhance our products and expand our range, aiming to exceed customer expectations. Committed to quality and satisfaction, we are your ideal fitness partner.



At FIBO

Social Media



Website
www.rockit-fit.com



X (Twitter)
ROCKIT_SHA



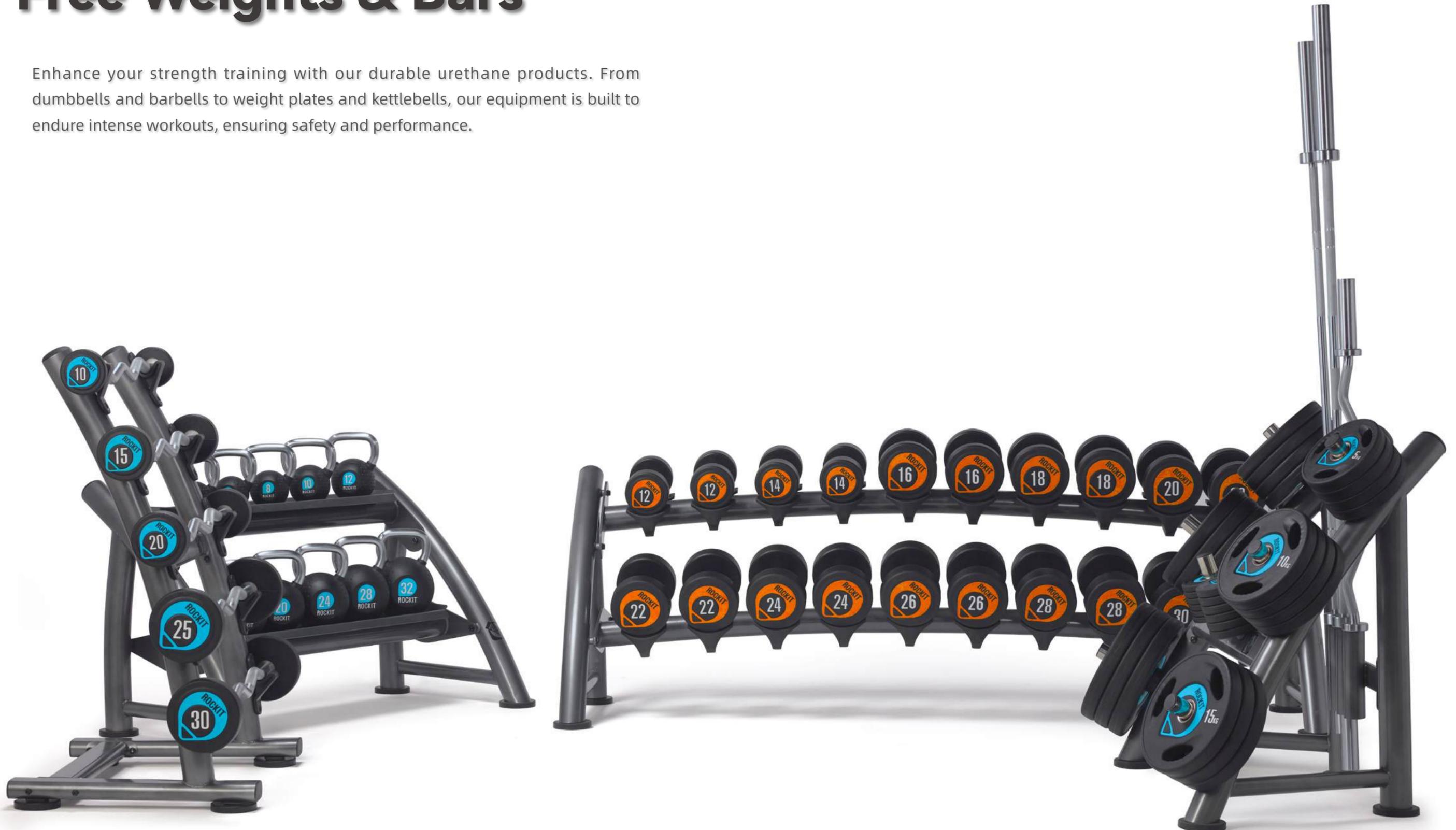
Instagram
rockit.fitness

CONTENT

- 06** *Free Weights & Bars*
- 33** *Studio*
- 42** *Yoga*
- 47** *Functional Training*
- 65** *Storage – ROCKIT BOX*
- 69** *Benches*
- 77** *Plate-Loaded*

Free Weights & Bars

Enhance your strength training with our durable urethane products. From dumbbells and barbells to weight plates and kettlebells, our equipment is built to endure intense workouts, ensuring safety and performance.





Premium Rubber Dumbbell

RKC01RDB

Feature:

- Premium Rubber
- Hard chrome Handle

Specification:

- From 2.5 to 60kg with 2.5 increments

Warranty: 3 years

Color: **BK**



Premium Rubber Weight Plate

RKC01RWP

Feature:

- Premium Rubber
- High quality cast core

Specification:

- Available with 1.25/2.5/5/10/15/20

Warranty: 3 years

Color: **BK**

Our Premium Rubber Dumbbell features a durable performance. Designed for commercial gyms, it offers superior durability, comfort, and precision. The high-quality rubber coating minimizes noise and protects floors, making it an essential addition to any strength training setup.





Urethane Dumbbell

RKC01UDB

Feature:

- Premium urethane
- High grade solid steel core
- Quenching processed handle with hard plated knurling

Specification:

- Available from 2kg to 80kg with 2kg increment
- Handle length 15cm
- Head dia 127mm for 2 to 6kg
- Head dia 153mm for 8 to 14kg
- Head dia 203mm for 16 to 60kg
- Head dia 213mm for 62-80kg

Warranty: 5 years

Color: BU RD YW GY GN OG



Urethane Dumbbell with PU Handle

RKC01UDB-PH

Feature:

- Premium urethane
- High grade solid steel core
- Urethane coated handle prevent from rust

Specification:

- Available from 2kg to 32kg with 2kg increment
- Handle length 15cm
- Head dia 127mm for 2 to 6kg
- Head dia 153mm for 8 to 14kg
- Head dia 203mm for 16 to 32kg

Warranty: 5 years

Color: BU RD YW GY GN OG

*For additional color options, please contact your local distributor.





Dumbbell Rack for 5 Pair

RKC02DBR-005

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 65kg
- Dimension: 1490x780x900mm

Warranty: 5 years

Color: DG



Dumbbell Rack for 6 Pair

RKC02DBR-006

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 70kg
- Dimension: 1740x780x900mm

Warranty: 5 years

Color: DG



Dumbbell Rack for 10 Pair

RKC02DBR-010

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 88kg
- Dimension: 2595x780x900mm

Warranty: 5 years

Color: DG



Dumbbell Rack for 15 Pair

RKC02DBR-015

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 139kg
- Dimension: 2675x1000x1100mm

Warranty: 5 years

Color: DG



* Image for display only; rack excludes weights.



Urethane Barbell Straight

RKC01BBS

Feature:

- Premium urethane
- High grade solid steel core
- Hard chrome handle

Specification:

- Available from 10kg to 55kg with 5kg increment;
- Available from 7.5kg to 30kg with 2.5kg increment

Warranty: 5 years

Color: BU RD YW GY GN OG

*For additional color options, please contact your local distributor.



Urethane Barbell Curl

RKC01BBC

Feature:

- Premium urethane
- High grade solid steel core
- Hard chrome handle

Specification:

- Available from 10kg to 55kg with 5kg increment
- Available from 7.5kg to 30kg with 2.5kg increment

Warranty: 5 years

Color: BU RD YW GY GN OG

*For additional color options, please contact your local distributor.



Barbell Rack for 5 Piece

RKC02BBR-005

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 36kg
- Dimension: 900x760x1255mm

Warranty: 5 years

Color: DG

*Image for display only; rack excludes weights.



Barbell Rack for 10 Piece

RKC02BBR-010

Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

Specification:

- Weight 51kg
- Dimension: 810x641x1520mm

Warranty: 5 years

Color: DG

*Image for display only; rack excludes weights.



| Item | Product | Item | Product |
|---|--------------------------------------|-------------------------|---------------------------------------|
| Urethana Dumbbell | | | |
| RKC01UDB-002 | Urethane Dumbbell 2kg | RKC01UDB-PH008 | Urethane Dumbbell with PU Handle 8kg |
| RKC01UDB-004 | Urethane Dumbbell 4kg | RKC01UDB-PH010 | Urethane Dumbbell with PU Handle 10kg |
| RKC01UDB-006 | Urethane Dumbbell 6kg | RKC01UDB-PH012 | Urethane Dumbbell with PU Handle 12kg |
| RKC01UDB-008 | Urethane Dumbbell 8kg | RKC01UDB-PH014 | Urethane Dumbbell with PU Handle 14kg |
| RKC01UDB-010 | Urethane Dumbbell 10kg | RKC01UDB-PH016 | Urethane Dumbbell with PU Handle 16kg |
| RKC01UDB-012 | Urethane Dumbbell 12kg | RKC01UDB-PH018 | Urethane Dumbbell with PU Handle 18kg |
| RKC01UDB-014 | Urethane Dumbbell 14kg | RKC01UDB-PH020 | Urethane Dumbbell with PU Handle 20kg |
| RKC01UDB-016 | Urethane Dumbbell 16kg | RKC01UDB-PH022 | Urethane Dumbbell with PU Handle 22kg |
| RKC01UDB-018 | Urethane Dumbbell 18kg | RKC01UDB-PH024 | Urethane Dumbbell with PU Handle 24kg |
| RKC01UDB-020 | Urethane Dumbbell 20kg | RKC01UDB-PH026 | Urethane Dumbbell with PU Handle 26kg |
| RKC01UDB-022 | Urethane Dumbbell 22kg | RKC01UDB-PH028 | Urethane Dumbbell with PU Handle 28kg |
| RKC01UDB-024 | Urethane Dumbbell 24kg | RKC01UDB-PH030 | Urethane Dumbbell with PU Handle 30kg |
| RKC01UDB-026 | Urethane Dumbbell 26kg | RKC01UDB-PH032 | Urethane Dumbbell with PU Handle 32kg |
| RKC01UDB-028 | Urethane Dumbbell 28kg | | |
| RKC01UDB-030 | Urethane Dumbbell 30kg | Urethana Barbell | |
| RKC01UDB-032 | Urethane Dumbbell 32kg | RKC01BBS-010 | Urethane Barbell Straight 10kg |
| RKC01UDB-034 | Urethane Dumbbell 34kg | RKC01BBS-015 | Urethane Barbell Straight 15kg |
| RKC01UDB-036 | Urethane Dumbbell 36kg | RKC01BBS-020 | Urethane Barbell Straight 20kg |
| RKC01UDB-038 | Urethane Dumbbell 38kg | RKC01BBS-025 | Urethane Barbell Straight 25kg |
| RKC01UDB-040 | Urethane Dumbbell 40kg | RKC01BBS-030 | Urethane Barbell Straight 30kg |
| RKC01UDB-042 | Urethane Dumbbell 42kg | RKC01BBS-035 | Urethane Barbell Straight 35kg |
| RKC01UDB-044 | Urethane Dumbbell 44kg | RKC01BBS-040 | Urethane Barbell Straight 40kg |
| RKC01UDB-046 | Urethane Dumbbell 46kg | RKC01BBS-045 | Urethane Barbell Straight 45kg |
| RKC01UDB-048 | Urethane Dumbbell 48kg | RKC01BBS-050 | Urethane Barbell Straight 50kg |
| RKC01UDB-050 | Urethane Dumbbell 50kg | RKC01BBS-055 | Urethane Barbell Straight 55kg |
| RKC01UDB-052 | Urethane Dumbbell 52kg | RKC01BBS-7.5 | Urethane Barbell Straight 7.5kg |
| RKC01UDB-054 | Urethane Dumbbell 54kg | RKC01BBS-12.5 | Urethane Barbell Straight 12.5kg |
| RKC01UDB-056 | Urethane Dumbbell 56kg | RKC01BBS-17.5 | Urethane Barbell Straight 17.5kg |
| RKC01UDB-058 | Urethane Dumbbell 58kg | RKC01BBS-22.5 | Urethane Barbell Straight 22.5kg |
| RKC01UDB-060 | Urethane Dumbbell 60kg | RKC01BBS-27.5 | Urethane Barbell Straight 27.5kg |
| RKC01UDB-062 | Urethane Dumbbell 62kg | RKC01BBC-010 | Urethane Barbell Curl 10kg |
| RKC01UDB-064 | Urethane Dumbbell 64kg | RKC01BBC-015 | Urethane Barbell Curl 15kg |
| RKC01UDB-066 | Urethane Dumbbell 66kg | RKC01BBC-020 | Urethane Barbell Curl 20kg |
| RKC01UDB-068 | Urethane Dumbbell 68kg | RKC01BBC-025 | Urethane Barbell Curl 25kg |
| RKC01UDB-070 | Urethane Dumbbell 70kg | RKC01BBC-030 | Urethane Barbell Curl 30kg |
| RKC01UDB-072 | Urethane Dumbbell 72kg | RKC01BBC-035 | Urethane Barbell Curl 35kg |
| RKC01UDB-074 | Urethane Dumbbell 74kg | RKC01BBC-040 | Urethane Barbell Curl 40kg |
| RKC01UDB-076 | Urethane Dumbbell 76kg | RKC01BBC-045 | Urethane Barbell Curl 45kg |
| RKC01UDB-078 | Urethane Dumbbell 78kg | RKC01BBC-050 | Urethane Barbell Curl 50kg |
| RKC01UDB-080 | Urethane Dumbbell 80kg | RKC01BBC-055 | Urethane Barbell Curl 55kg |
| | | RKC01BBC-7.5 | Urethane Barbell Curl 7.5kg |
| | | RKC01BBC-12.5 | Urethane Barbell Curl 12.5kg |
| | | RKC01BBC-17.5 | Urethane Barbell Curl 17.5kg |
| | | RKC01BBC-22.5 | Urethane Barbell Curl 22.5kg |
| | | RKC01BBC-27.5 | Urethane Barbell Curl 27.5kg |
| Urethana Dumbbell with PU Handle | | | |
| RKC01UDB-PH002 | Urethane Dumbbell with PU Handle 2kg | | |
| RKC01UDB-PH004 | Urethane Dumbbell with PU Handle 4kg | | |
| RKC01UDB-PH006 | Urethane Dumbbell with PU Handle 6kg | | |



Urethane Weight Plate

RKC01UWP

Feature:

- Premium urethane
- High grade cast core, anti-crack tested
- Stainless steel insert

Warranty: 5 years

Color: BU RD YW GY GN DG

| Item | Product |
|---------------|------------------------------|
| RKC01UWP-1.25 | Urethane Weight Plate 1.25kg |
| RKC01UWP-2.5 | Urethane Weight Plate 2.5kg |
| RKC01UWP-005 | Urethane Weight Plate 5kg |
| RKC01UWP-010 | Urethane Weight Plate 10kg |
| RKC01UWP-015 | Urethane Weight Plate 15kg |
| RKC01UWP-020 | Urethane Weight Plate 20kg |
| RKC01UWP-025 | Urethane Weight Plate 25kg |

* For additional color options, please contact your local distributor.



Weight Plate Storage Stand

RKC02PSS-007

Feature:

- Heavy guage steel
- Flat packaging

Specification:

- Weight 43.5kg
- Dimension: 1252x710x1540mm

Warranty: 5 years

Color: DG

* Image for display only; rack excludes weights.



Olympic Bar Holder

RKC02OB-009

Feature:

- Heavy guage steel

Specification:

- Weight 17kg
- Dimension: 380x380x200mm

Warranty: 5 years

Color: DG





Urethane Bumper Plate

RKC01UBP

Feature:

- Premium urethane
- High grade cast core, anti-crack tested
- Stainless steel insert
- Diameter 45cm

Warranty: 5 years

| Item | Product |
|--------------|-------------------------------------|
| RKC01UBP-005 | Urethane Bumper Plate 5kg - Black |
| RKC01UBP-010 | Urethane Bumper Plate 10kg - Green |
| RKC01UBP-015 | Urethane Bumper Plate 15kg - Yellow |
| RKC01UBP-020 | Urethane Bumper Plate 20kg - Blue |
| RKC01UBP-025 | Urethane Bumper Plate 25kg - Red |

Bumper Plate Rack

RKC02BMP-LRG

Feature:

- Powder coated steel frame
- Rolling wheels
- Slots to hold multiple size of plates

Specification:

- Weight 15kg
- Dimension: 850x280x220mm

Warranty: 5 years

Color: BK



Olympic Bar 2.20m - Spring Steel

RKC01BAR-M220PF

Olympic Bar 2.20m - Alloy Steel

RKC01BAR-M220PM

Olympic Bar 2.00m - Alloy Steel

RKC01BAR-W201PM

Olympic Bar 1.80m

RKC01BAR-180

Olympic Bar 1.50m

RKC01BAR-150

Olympic Bar 1.20m

RKC01BAR-120

Olympic Curl Bar 1.20m

RKC01BAR-120C

- Ø50mm olympic size

Warranty: 1 year



Olympic Spring Collars

RKC03SPR-CLR

Warranty: 1 year



Olympic Plastic Lockjaw

RKC03LCK-JAW

Warranty: 1 year



Magnetic Olympic Barbell Collar

RKC03CLR-MGN50

Warranty: 1 year



Weight Lifting Platform

RKCO3LFT-PLF

Feature:

- A combination of natural bamboo and rubber.
- Thick rubber tiles to improve stability

Specification:

- Assembly size 2560 x 1940 x 50mm
- Weight 130kg

Warranty: 1 year

Color:  BK



T-Shaped Weight Lifting Platform

RKCO3LFT-PLFT05

Feature:

- A combination of natural bamboo and rubber.
- Thick rubber tiles to improve stability
- The T Part can be customized to fit the desired size

Specification:

- Size can be customized
- Weight 130kg

Warranty: 1 year

Color:  BK



Urethane Kettelbell

RKC01PUKB

Feature:

- Premium urethane
- High grade cast core
- Hard chrome handle with comfortable angle

Warranty: 5 years

Color: BU RD YW
GY GR DG



| Item | Product |
|---------------|--------------------------|
| RKC01PUKB-004 | Urethane Kettlebell 4kg |
| RKC01PUKB-006 | Urethane Kettlebell 6kg |
| RKC01PUKB-008 | Urethane Kettlebell 8kg |
| RKC01PUKB-010 | Urethane Kettlebell 10kg |
| RKC01PUKB-012 | Urethane Kettlebell 12kg |
| RKC01PUKB-016 | Urethane Kettlebell 16kg |
| RKC01PUKB-020 | Urethane Kettlebell 20kg |
| RKC01PUKB-024 | Urethane Kettlebell 24kg |
| RKC01PUKB-028 | Urethane Kettlebell 28kg |
| RKC01PUKB-032 | Urethane Kettlebell 32kg |

Kettlebell Rack

RKC02KBR-011

Feature:

- Heavy guage steel
- Anti-slip rubber surface
- Flat Packaging

Specification:

- Weight 72kg
- Dimension: 1430x775x890mm

Warranty: 5 years

Color: DG



* Image for display only; rack excludes weights.

* For additional color options, please contact your local distributor.

Competition Kettelbell

RKC01CKB

Feature:

- High strength steel core
- Stainless handle with comfortable angle
- Non-toxic paint
- Uni size body diameter 21cm

Warranty: 1 year

| Item | Product |
|--------------|--------------------------------------|
| RKC01CKB-008 | Competition Kettlebell 8kg - Pink |
| RKC01CKB-012 | Competition Kettlebell 12kg - Blue |
| RKC01CKB-016 | Competition Kettlebell 16kg - Yellow |
| RKC01CKB-020 | Competition Kettlebell 20kg - Purple |
| RKC01CKB-024 | Competition Kettlebell 24kg - Green |
| RKC01CKB-028 | Competition Kettlebell 28kg - Orange |
| RKC01CKB-032 | Competition Kettlebell 32kg - Red |
| RKC01CKB-036 | Competition Kettlebell 36kg - Grey |
| RKC01CKB-040 | Competition Kettlebell 40kg - White |
| RKC01CKB-044 | Competition Kettlebell 44kg - Silver |
| RKC01CKB-048 | Competition Kettlebell 48kg - Golden |





Studio

Designed for dynamic group classes and personal training sessions. Compact yet versatile, each piece maximizes functionality and durability in limited spaces. With user-friendly features and reliable construction, our equipment enhances every workout experience.

Studio Disk Rack for 10 Sets

RKC02SDR-010

Feature:

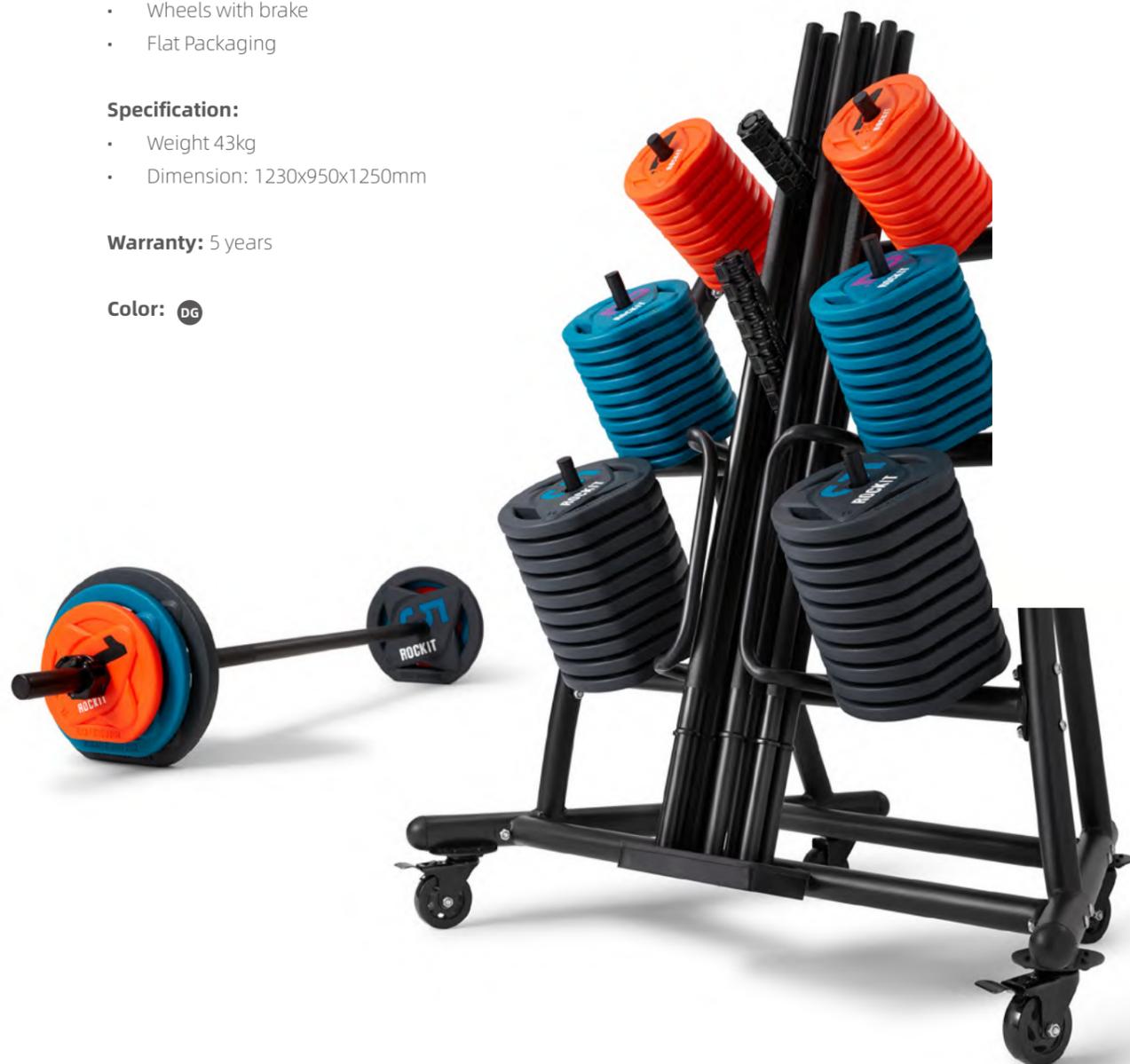
- Allow up to 10 sets of Urethane Studio Disk Set (20kg set only)
- Heavy guage steel
- Wheels with brake
- Flat Packaging

Specification:

- Weight 43kg
- Dimension: 1230x950x1250mm

Warranty: 5 years

Color: DG



* Image for display only; rack excludes weights



Urethane Studio Disk

RKC01USD

Feature:

- Premium urethane
- High grade cast core, anti-crack tested

Specification:

- 1.25kg dia 18cm
- 2.5kg dia 22.8cm
- 5kg dia 26.8cm
- 10kg dia 31.8
- Bar length 1400 x dia 30mm
- Internal diameter 32mm

Warranty: 5 years

| Item | Product |
|---------------|--------------------------------------|
| RKC01USD-SET | Urethane Studio Disk Set 20kg |
| RKC01USD-1.25 | Urethane Studio Disk 1.25kg - Orange |
| RKC01USD-2.5 | Urethane Studio Disk 2.5kg - Blue |
| RKC01USD-5 | Urethane Studio Disk 5kg - Black |
| RKC01USD-10 | Urethane Studio Disk 10kg - Purple |
| RKC01USD-BAR | Urethane Studio Disk Bar |
| RKC01USD-CLR | Quick Release Collar for Studio Disk |





Vertical Dumbbell Rack For Studio Weights

RKC02VDR-010X

Feature:

- Heavy guage steel
- Designed For 1 to 10kg studio weights only.
- Flat Packaging

Specification:

- Weight 38.5kg
- Dimension: 610x650x1440mm

Warranty: 5 years

Color: DG

* Image for display only; rack excludes weights.



Urethane Studio Hand Weight Set 1-10kg

RKC01UHW-S110

Feature:

- Premium urethane
- High grade cast core
- Unique square head

Specification:

- 1 to 10kg with 1kg increment

Warranty: 5 years

Color: BU RD YW GY



Urethane Studio Round Dumbbell Set 1-10kg

RKC01UDB-S110

Feature:

- Premium urethane
- High grade cast core
- Uni-size of round dumbbell head for all weights

Specification:

- 1 to 10kg with 1kg increment

Warranty: 5 years

Color: BU RD YW GY GN DG

* For additional color options, please contact your local distributor.



Medicine Ball

RKC01MDB

Feature:

- Commercial grade virgin rubber
- Unique moon texture surface
- Secure valve anti leaking

Specification:

- Ø23cm for 1-6kg
- Ø29cm for 7-10kg

Warranty: 1 year

Color: BU

| Item | Product |
|--------------|--------------------|
| RKC01MDB-001 | Medicine Ball 1kg |
| RKC01MDB-002 | Medicine Ball 2kg |
| RKC01MDB-003 | Medicine Ball 3kg |
| RKC01MDB-004 | Medicine Ball 4kg |
| RKC01MDB-005 | Medicine Ball 5kg |
| RKC01MDB-006 | Medicine Ball 6kg |
| RKC01MDB-007 | Medicine Ball 7kg |
| RKC01MDB-008 | Medicine Ball 8kg |
| RKC01MDB-009 | Medicine Ball 9kg |
| RKC01MDB-010 | Medicine Ball 10kg |

* Please avoid throwing medicine balls against hard surfaces like walls or the ground



Hand Grippped Medicine Ball

RKC01HMDB

Feature:

- Commercial grade virgin rubber
- Secure valve anti leaking

Specification:

- Ø23cm for 3-4kg
- Ø27cm for 5-10kg

Warranty: 1 year

Color: BU

| Item | Product |
|---------------|----------------------------------|
| RKC01HMDB-003 | Hand Grippped Medicine Ball 3kg |
| RKC01HMDB-004 | Hand Grippped Medicine Ball 4kg |
| RKC01HMDB-005 | Hand Grippped Medicine Ball 5kg |
| RKC01HMDB-006 | Hand Grippped Medicine Ball 6kg |
| RKC01HMDB-007 | Hand Grippped Medicine Ball 7kg |
| RKC01HMDB-008 | Hand Grippped Medicine Ball 8kg |
| RKC01HMDB-009 | Hand Grippped Medicine Ball 9kg |
| RKC01HMDB-010 | Hand Grippped Medicine Ball 10kg |

Ball Rack for 5 Piece

RKC02MFL-BAL5PC

Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

Specification:

- Weight 24kg
- Dimension: 810x641x1520mm

Warranty: 5 years

Color: DG



Ball Rack for 10 Piece

RKC02MFL-BAL10PC

Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

Specification:

- Weight 27kg
- Dimension: 810x641x1520mm

Warranty: 5 years

Color: DG



* Image for display only; rack excludes balls.



Aerobic Step

RKC03STP-RGL

Feature:

- Non-slip decking
- Anti-slip rubber feet
- PVC and high density of ABS plastic
- 1 step with 4 risers

Specification:

- Length 110 x 41cm
- 3 Level stack, adjustable height 10/15/21cm
- Weight: 10kg

Warranty: 1 year

Color: **BK**



Adjustable Step Bench

RKC03STP-PRM

Feature:

- Non-slip decking
- Anti-slip rubber feet
- Adjustable back with 2 levels

Specification:

- Length 122 x 33cm
- 2 adjustable height 20/35cm
- Weight: 14kg

Warranty: 1 year

Color: **BK**



Yoga

Elevate your yoga experience with our high-quality mats, blocks, and accessories. Designed for comfort, stability, and durability, our products support every pose, helping you achieve balance and mindfulness with ease.



Reversible Rubber Mat

RKC03YMT-PRB

Feature:

- Virgin rubber and PU material
- Super strong hold anti-slip
- Size 183 x 68 x 0.5cm, Weight 3.4kg

Warranty: 1 year

Color: BU



TPE Yoga Mat

RKC03YMT-TPE

Feature:

- Anti slip textured surface
- TPE foam
- Size 173 x 61 x 0.6cm

Warranty: 1 year

Color: BU



NBR Hanging Mat

RKC03YMT-NBR

Feature:

- 15mm Thick NBR foam
- With eyelets for hanging
- Size 127 x 56 x 1.5cm

Warranty: 1 year

Color: BK



Anti-Burst Gym Ball

RKC03GBL

Feature:

- PVC material
- Pump is not included

Warranty: 1 year

Color: BU

| Item | Product |
|--------------|--------------------------|
| RKC03GBL-055 | Anti-Burst Gym Ball 55cm |
| RKC03GBL-065 | Anti-Burst Gym Ball 65cm |
| RKC03GBL-075 | Anti-Burst Gym Ball 65cm |



Yoga Block

RKC03YGA-BLK

Feature:

- EVA foam
- 23 x 15 x 7.5cm

Warranty: 1 year

Color: BU



Cork Yoga Block

RKC03YGA-BLW

Feature:

- Eco-Friendly, light weight
- Non slip surface
- Made of sustainable cork
- Size: 10.16x15.24x22.86cm (4 x 6 x 9 inch)

Warranty: 1 year

Functional Training

Elevate your workouts with versatile tools designed to enhance strength, flexibility, and balance. Portable, durable, and user-friendly, our accessories offer endless possibilities for achieving your fitness goals anytime, anywhere.





Slam Ball

RKC03SLB

Feature:

- Durable PVC cover
- Stuff with sand

Warranty: 1 year

Color: BU

| Item | Product |
|--------------|----------------|
| RKC03SLB-004 | Slam Ball 4kg |
| RKC03SLB-005 | Slam Ball 5kg |
| RKC03SLB-006 | Slam Ball 6kg |
| RKC03SLB-007 | Slam Ball 7kg |
| RKC03SLB-008 | Slam Ball 8kg |
| RKC03SLB-009 | Slam Ball 9kg |
| RKC03SLB-010 | Slam Ball 10kg |
| RKC03SLB-012 | Slam Ball 12kg |
| RKC03SLB-015 | Slam Ball 15kg |
| RKC03SLB-018 | Slam Ball 18kg |
| RKC03SLB-020 | Slam Ball 20kg |

Wall Ball

RKC03WBL

Feature:

- Commercial grade 1000 x 1000 D PVC cover
- Stuffed with bagged rubber or iron straps protected by clean elastic cotton
- strength 1200kg tested
- 35cm diameter

Warranty: 1 year

Color: BU

| Item | Product |
|--------------|----------------|
| RKC03WBL-002 | Wall Ball 2kg |
| RKC03WBL-003 | Wall Ball 3kg |
| RKC03WBL-004 | Wall Ball 4kg |
| RKC03WBL-005 | Wall Ball 5kg |
| RKC03WBL-006 | Wall Ball 6kg |
| RKC03WBL-007 | Wall Ball 7kg |
| RKC03WBL-008 | Wall Ball 8kg |
| RKC03WBL-009 | Wall Ball 9kg |
| RKC03WBL-010 | Wall Ball 10kg |



Soft Plyo Box

RKC03PLYB

Feature:

- Replaceable PU cover
- Connectable by velcro fasteners

Specification:

- 3"/7.5cm, 90 x 77 x 7.5cm
- 6"/15cm, 90 x 77 x 15cm
- 12"/30cm, 90 x 77 x 30cm
- 18"/45cm, 90 x 77 x 45cm
- 24"/60cm, 90 x 77 x 60cm

Warranty: 1 year

Color: BU

| Item | Product |
|----------------|--------------------------|
| RKC03PLYB-SET5 | Soft Plyo Box Set of 5 |
| RKC03PLYB-7.5 | Soft Plyo Box 7.5cm / 3" |
| RKC03PLYB-15 | Soft Plyo Box 15cm / 6" |
| RKC03PLYB-30 | Soft Plyo Box 30cm / 12" |
| RKC03PLYB-45 | Soft Plyo Box 45cm / 18" |
| RKC03PLYB-60 | Soft Plyo Box 60cm / 24" |

3N1 Plyo Box

RKC03PLYB-3N1

Feature:

- Replaceable PU cover
- Strong wooden structure

Specification:

- 61 x 51 x 77cm

Warranty: 1 year

Color: BU



Shoulder Bag

RKC03BBB

Feature:

- Commercial grade 1000 x 1000 D PVC cover
- High density nylon knitting belt

Warranty: 1 year

Color: BU



| Item | Product |
|--------------|-------------------|
| RKC03BBB-005 | Shoulder Bag 5kg |
| RKC03BBB-007 | Shoulder Bag 7kg |
| RKC03BBB-012 | Shoulder Bag 12kg |
| RKC03BBB-017 | Shoulder Bag 17kg |
| RKC03BBB-022 | Shoulder Bag 22kg |

Battle Bag

RKC03PWB

Feature:

- Commercial grade 1000 x 1000 D PVC cover
- High density nylon knitting belt

Warranty: 1 year

Color: BU



| Item | Product |
|--------------|-----------------|
| RKC03PWB-005 | Battle Bag 5kg |
| RKC03PWB-010 | Battle Bag 10kg |
| RKC03PWB-015 | Battle Bag 15kg |
| RKC03PWB-020 | Battle Bag 20kg |
| RKC03PWB-025 | Battle Bag 25kg |

Shoulder Bag Rack for 5 Piece

RKC02MFL-BAG5PC

Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

Specification:

- Weight 27kg
- Dimension: 610x857x1535mm

Warranty: 5 years

Color: DG



Shoulder Bag Rack for 10 Piece

RKC02MFL-BAG10PC

Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

Specification:

- Weight 32.5kg
- Dimension: 677x809x1535mm

Warranty: 5 years

Color: DG



*Image for display only; rack excludes products.





Battle Rope with Sleeves

RKC03BRP

Feature:

- Nylon sleeve for long last usage
- Length 15m x 3.8cm or 5cm dia

Warranty: 8 months

Color: BK

| Item | Product |
|----------------|------------------------------------|
| RKC03BRP-1538S | Battle Rope with Sleeves dia 3.8cm |
| RKC03BRP-1550S | Battle Rope with Sleeves dia 5.0cm |



Latex Resistance Band

RKC03RBN

Feature:

- High elastic latex
- Loop length 208cm, With 5 levels of strength

Warranty: 1 year

| Item | Product |
|---------------|--|
| RKC03RBN-SET | Latex Resistance Bands Set of 5 |
| RKC03RBN-XLHT | Latex Resistance Band Extra Light, 15~35lb |
| RKC03RBN-LHT | Latex Resistance Band Light, 25~65lb |
| RKC03RBN-MED | Latex Resistance Band Medium, 30~80lb |
| RKC03RBN-HVY | Latex Resistance Band Heavy, 50~125lb |
| RKC03RBN-XHVY | Latex Resistance Band Extra Heavy, 100~250lb |



Agility Ladder

RKC03AGD-LAD

Feature:

- Adjustable step width
- Length 4.5m / 15ft

Warranty: 1 year

Color: OG



Mini Band Set

RKC03RBNM-SET

Feature:

- Set of 5 levels: Ex- Light/Light/Medium/Heavy/Ex-Heavy
- Size: 30.5 x 5cm

Warranty: 1 year

Color: Random



Wooden Ring

RKC03WDR-SET

Feature:

- High density nylon knitting belt
- Comfortable wood ring grip

Warranty: 1 year

Color: BK



AB Mat with Back Support

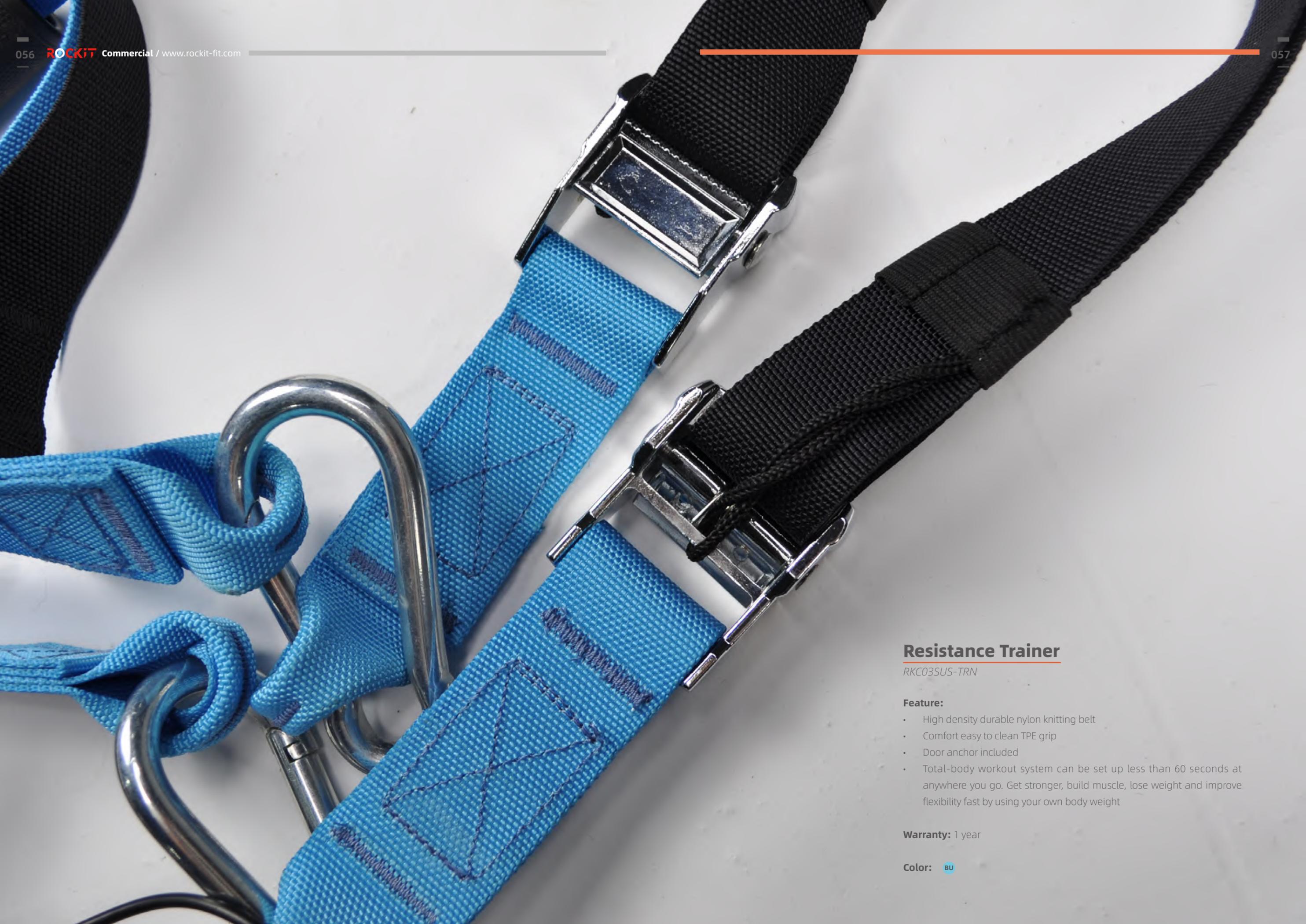
RKC03AAB-MAT

Feature:

- PU cover

Warranty: 1 year

Color: BK



Resistance Trainer

RKC03SUS-TRN

Feature:

- High density durable nylon knitting belt
- Comfort easy to clean TPE grip
- Door anchor included
- Total-body workout system can be set up less than 60 seconds at anywhere you go. Get stronger, build muscle, lose weight and improve flexibility fast by using your own body weight

Warranty: 1 year

Color: BU



Agility Cones

RKC03AGL-CON

Feature:

- Set of 12 pieces
- Stackable

Warranty: 1 year

Color:



AB Wheel

RKC03ABB-WHL

Feature:

- EVA wheel cover with ABS core

Warranty: 1 year

Color:



Foam Roller

RKC03FMR-FUL

Feature:

- EPP foam
- Length 90cm

Warranty: 1 year

Color:



Hollow Short Roller

RKC03FMR-HSRS

Feature:

- Length 33 x 14cm
- Waving surface

Warranty: 1 year

Color:



Speed Rope

RKC03SPD-ROP

Feature:

- Aluminum handle
- Length 2.8m/9ft

Warranty: 1 year

Color:



Adjustable Tube

RKC03ADJ-TUB

Feature:

- Including 3 tubes light / medium / heavy

Warranty: 1 year

Color: Random



Balance Board

RKC03BLC-BAL

Feature:

- Wooden
- Size 40 x 40 x 7.5cm

Warranty: 1 year



Training Sled

RKC03RST-SLD

Feature:

- Black powder coating
- Heavy duty conditioning sled
- Suitable for push or pull

Specification:

- Size 110 x 68 x 90cm
- Weight 32kg

Warranty: 1 year

Color: BK



Power Tire

RKC03TIR

Feature:

- PVC shell, filled with epe foam and recycled sponge, equipped with iron ore sand as counterweight.

Warranty: 1 year

Color: BU

Item

RKC03TIR-080
RKC03TIR-060
RKC03TIR-040

Product

Power Tire 80kg, 118cm
Power Tire 60kg, 98cm
Power Tire 40kg, 84cm



Premium Neoprene Cable Attachment Set of 8

RKC06CBL-BSET

Only sell as a set package, Including:

- Close Grip Neutral: 13 x 20 cm, weight 2.8 kg
- Close Grip Supinate: 13 x 23 cm, weight 2.85 kg
- Medium Grip Neutral: 57 x 9 cm, weight 3 kg
- Medium Grip Pronate: 57 x 9 cm, weight 2.95 kg
- Wide Grip: 81 x 9 cm, weight 3.5 kg
- Biceps Pull Down Grip: 35 x 15 cm, weight 3.2 kg
- Biceps Pull Up Grip: 35 x 15 cm, weight 3.2 kg
- wide Triceps Pull Up Grip: 39 x 15 cm, weight 3.7 kg

Warranty: 1 year



Cable Attachment Storage Stand

RKC02PNC-S08

Feature:

- Efficiently Organizes 8 Attachment Pieces
- Compact design fits in any corner
- Easy access
- Weight: 5kg
- Dimension: 920x130x125mm

Warranty: 1 year

* Image for display only; rack excludes products.



Lat Bar 48"

RKC06LAT-048



Lat bar 36"

RKC06LAT-036



Front Lat Bar 28"

RKC06FRT-LAT28



Front Lat Bar 36"

RKC06FRT-LAT36



Curl Bar

RKC06CUR-BAR



Straight Bar

RKC06STR-BAR



Multi Exercise Bar

RKC06MTL-BAR



Tricep Press Down Bar

RKC06TRI-PRS



Tricep and Curl Bar

RKC06TRI-CUR



Revolving Tricep and Curl Bar

RKC06RVV-TRP



Single Handle Cable Grip

RKC06SGL-CBL



Seated Row Double Grip Cable

RKC06STD-ROW



Tricep Rope

RKC06TRI-ROP

Chrome Cable Attachments

Feature:

- Chrome made
- The handles enhance workout performance and provide a strong reliable grip for intense training sessions.

Warranty: 1 year



Storage

Organize your gym workout space with ease. Our space-saving design and customizable configuration make it simple to store dumbbells, kettlebells, resistance bands, and more. Durable and easy to access, our system keeps your equipment tidy and maximizes your workout efficiency.

** Image for display only; rack excludes products.*

ROCKIT BOX - Full Stand Storage Unit with Accessories

RKC05BOX-UNTF

Including:

- 1 set x RKC05BOX-UNTA Full Storage Unit
- 1pc x RKC05COM-HOK01 Mat Hook
- 1pc x RKC05COM-HOK02 Single Hook
- 1pc x RKC05COM-BAR01 T-Bar Row
- 1pc x RKC05COM-ROP01 Battle Rope Anchor
- 2pc x RKC05COM-SHF01 Double Bar Shelf
- 1pc x RKC05COM-SHF02 Bag Shelf
- 1pc x RKC05COM-SHF03 Storage Tray
- 1pc x RKC05COM-SHF04 Side Shelf

Specification:

- Weight 110kg
- Size (mm): See specification

Warranty: 5 years



ROCKIT BOX - Stand Storage Unit

RKC05BOX-UNTA

Feature:

- Full rack for free standing
- Modulized components

Specification:

- Weight 62kg
- Size (mm): 2300*1400cm

Warranty: 5 years



ROCKIT BOX - Stand Storage Unit Expansion

RKC05BOX-UNTB

Feature:

- Half extension for free standing
- Modulized components

Specification:

- Weight 39kg
- Size (mm): 2300*1400cm

Warranty: 5 years



Double Bar Shelf

RKC05COM-SHF01

Feature:

- Suitable for balls

Specification:

- Weight 12kg
- Dimension 1330*495*210mm

Warranty: 5 years



Bag Shelf

RKC05COM-SHF02

Feature:

- Suitable for power bag, shoulder bag

Specification:

- Weight 11.5kg
- Dimension 1330*640*215mm

Warranty: 5 years



Storage Tray

RKC05COM-SHF03

Feature:

- Suitable for dumbbell, kettlebell

Specification:

- Weight 11.5kg
- Dimension 1330*495*210mm

Warranty: 5 years



Side Shelf

RKC05COM-SHF04

Feature:

- Suitable for bosu

Specification:

- Weight 7kg
- Dimension 555*645*195mm

Warranty: 5 years



Mat Hook

RKC05COM-HOK01

Feature:

- Suitable for mats with eyelets

Specification:

- Weight 2kg
- Dimension 770*155*90mm

Warranty: 5 years



Single Hook

RKC05COM-HOK02

Feature:

- Suitable for tubes, bands

Specification:

- Weight 1kg
- Dimension 190*280*90mm

Warranty: 5 years



T-Bar Row

RKC05COM-BAR01

Feature:

- For T bar row exercise

Specification:

- Weight 2.5kg
- Dimension 205*130*325mm

Warranty: 5 years



Battle Rope Anchor

RKC05COM-ROP01

Feature:

- For battle rope

Specification:

- Weight 0.5kg
- Dimension 90*175*140mm

Warranty: 5 years





Benches

Designed for maximum versatility and performance. With customizable resistance, ergonomic design, smooth movement, and targeted muscle activation, our machines deliver exceptional results. Built to last with durability and stability in mind, they offer a wide range of training options for users of all fitness levels.



Adjustable Bench

RK11ADJ-9953

Feature:

- Continuously adjustable design (angle from 80° to horizontal), enabling various functional training modes including incline, flat, and decline.
- Built-in handles and wheels for easy movement.

Specification:

- Net Weight 34 kg
- Gross Weight 42 kg
- Dimension: (L)1500×(W)700×(H)1300mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

Hyper Extension

RK11HEX-9972A



Feature:

- Low-standing design for easy entry and exit.
- Adjustable leg pads and handrails to accommodate different heights.

Specification:

- Net Weight 49 kg
- Gross Weight 54 kg
- Dimension: (L)1500×(W)960×(H)850mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

Olympic Flat Bench

RK11OFL-9942



Feature:

- Shock-resistant barbell hooks effectively protect the surface of the equipment.

Specification:

- Net Weight 77 kg
- Gross Weight 85 kg
- Dimension: (L)2060×(W)1280×(H)1200mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

Olympic Incline Bench

RK11OIN-9943



Feature:

- Adjustable seat, the fixed foot tube provides reliable stability.
- Built-in trainer protection platform.

Specification:

- Net Weight 108 kg
- Gross Weight 116 kg
- Dimension: (L)1820×(W)1290×(H)1340mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

* Image for display only; rack excludes weights.



Power Rack

RKC11SQK-6642

Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

Specification:

- Net Weight 130 kg
- Gross Weight 140 kg
- Dimension: (L)1300x(W)1050x(H)2100mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts



Smith Machine

RKC11SMT-9947

Feature:

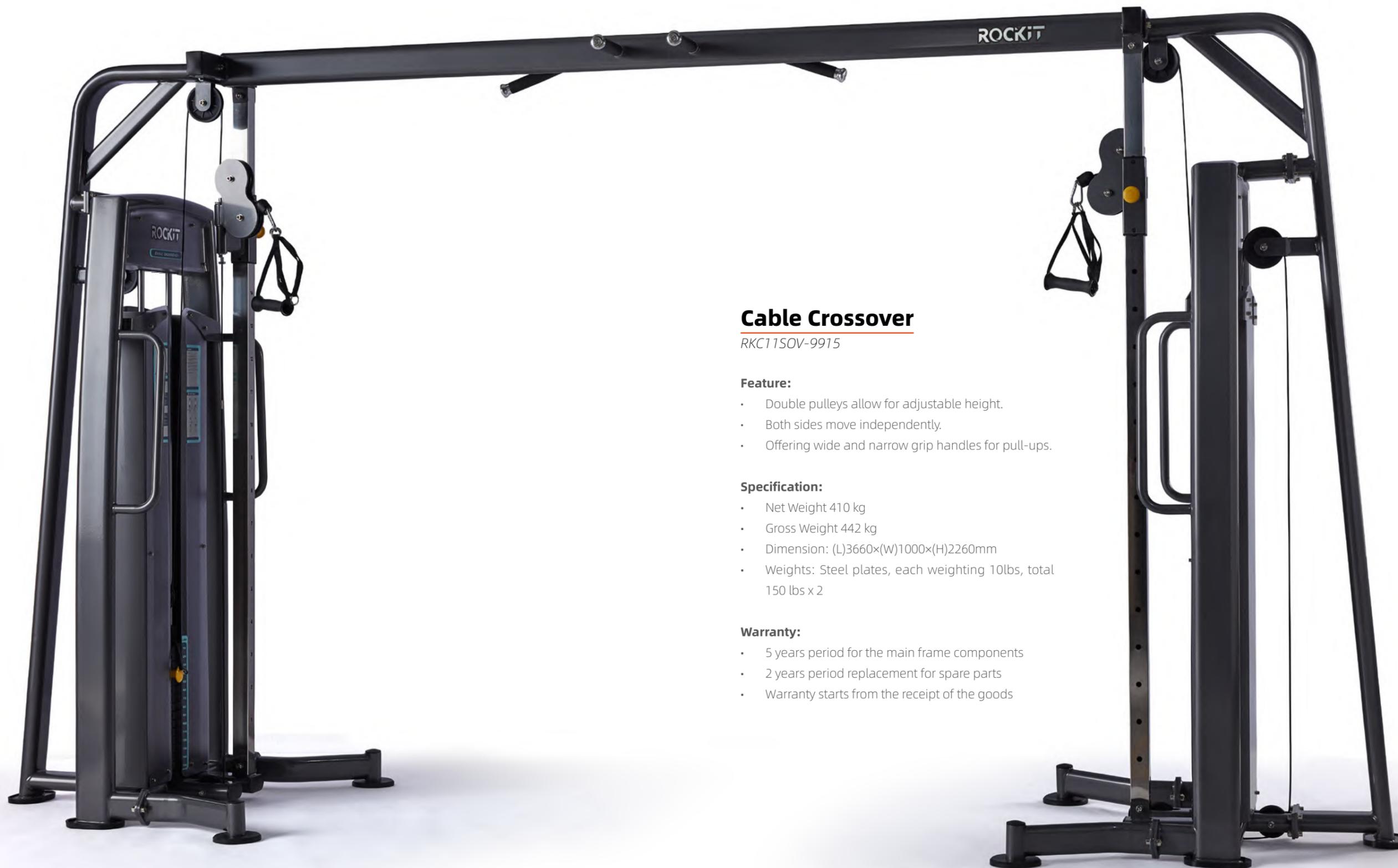
- 7-degree backward tilt design provides a more natural movement trajectory.
- The fully enclosed linear bearing guide system offers a smooth and low-noise training experience.
- The built-in balanced counterweight design does not require a mesh cover for protection.
- Heavy-duty adjustable safety seat ensures safe usage.

Specification:

- Net Weight 200 kg
- Gross Weight 240 kg
- Dimension: (L)2130x(W)1470x(H)2260mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



Cable Crossover

RKC11SOV-9915

Feature:

- Double pulleys allow for adjustable height.
- Both sides move independently.
- Offering wide and narrow grip handles for pull-ups.

Specification:

- Net Weight 410 kg
- Gross Weight 442 kg
- Dimension: (L)3660×(W)1000×(H)2260mm
- Weights: Steel plates, each weighting 10lbs, total 150 lbs x 2

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



Plate-Loaded

Designed for maximum versatility and performance. With customizable resistance, ergonomic design, smooth movement, and targeted muscle activation, our machines deliver exceptional results. Built to last with durability and stability in mind, they offer a wide range of training options for users of all fitness levels.



Plate-Loaded Horizontal Press

RKC11PLT-6705

Feature:

- Ergonomic handles for comfortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

Specification:

- Net Weight 76 kg
- Gross Weight 86 kg
- Dimension: (L)1700×(W)1550×(H)730mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



Plate-Loaded Incline Press

RKC11PLT-6710

Feature:

- Ergonomic handles for comfortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

Specification:

- Net Weight 90 kg
- Gross Weight 100 kg
- Dimension: (L)1550×(W)1650×(H)1050mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

* Image for display only; rack excludes weights.



Plate-Loaded Shoulder Press

RKC11PLT-6715

Feature:

- Ergonomic handles for comfortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

Specification:

- Net Weight 98 kg
- Gross Weight 108 kg
- Dimension: (L)1130×(W)1660×(H)1280mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



Plate-Loaded Leg Extension

RKC11PLT-6745

Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

Specification:

- Net Weight 85 kg
- Gross Weight 95 kg
- Dimension: (L)1730×(W)1130×(H)1200mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

Plate-Loaded Incline Row

RKC11PLT-6742



Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

Specification:

- Net Weight 85 kg
- Gross Weight 93 kg
- Dimension: (L)2100x(W)880x(H)1250mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

Plate-Loaded Glute Builder

RKC11PLT-FR400



Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

Specification:

- Net Weight 158 kg
- Gross Weight 188 kg
- Dimension: (L)1850x(W)1850x(H)935mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



Plate-Loaded Hack Squat

RKC11PLT-SM796

Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

Specification:

- Net Weight 125 kg
- Gross Weight 135 kg
- Dimension: (L)1910x(W)1435x(H)1600mm

Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

* Image for display only; rack excludes weights.

Other information...

Lead Time

- The lead time for delivery is between 14 to 30 days and may vary depending on the range of products and the quantity ordered.

Payment

- 30% deposit by T/T (Telegraphic Transfer), 70% balance T/T before shipment.

Shipping

- Sea and air freight services are available for your convenience. The transportation cost is determined by the volume and weight of the order. Please feel free to contact us for more information and details regarding the transportation options available to you.

Warranty

- The warranty period is listed in the product description in this catalog, and it begins from the date displayed in the bill of lading. To apply for a warranty, please provide the order number and corresponding photographic evidence that highlights the problem in detail. We will provide feedback within two working days after receiving the warranty application. Warranty products will be shipped with the next order to the customer.

Update

- ROCKIT reserves the right to change or replace the appearance or color of the products in this brochure without prior notice.

Contact Us

- For any further inquiries, please do not hesitate to contact us at below, we will be more than happy to assist you.

Email:

info@rockit-fit.com

Telephone:

+86 21 6219 9938

Website

www.rockit-fit.com

ROCKIT FITNESS CO.,LIMITED

www.rockit-fit.com
info@rockit-fit.com
+86 21 6219 9938

Scan the QR code to
browse our website



www.rockit-fit.com